



Toast-it Notes

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March 2011



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Jack Kiuru**

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Sound Your Best

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Another Contest?

*It's easier this time.
Complete it and win an
awesome prize!!*

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Evening at the Nova Scotia Legislature

On March 3rd, 2011, members from Sears - Toastmasters gathered for a meeting at this historic location in downtown Halifax. It was agreed by all that we would renovate the Sears Toastmasters room to match the heritage of this one. Special thanks to Cameron Ells and Rick Joseph for organizing this entertaining and enjoyable event. TM



YOU DON'T KNOW
JACK

Honoring the Legacy of Sears-Halifax's Greatest Toastmaster

Jack Kiuru joined Toastmasters on October 10, 1969, he wanted to become more proficient at speaking in public. He launched immediately into the Communication and Leadership Program, completing the 15 projects in less than three years, the equivalent of a CTM -- which did not exist at that time - and continued into the Advanced Communication and Leadership program, earning him his ATM designation three years later.

His introduction to the Executive came early when Jack was asked to become Sergeant-at-Arms four months after joining the club, followed by election to Treasurer five months later and Club President in 1971, during which Sears Club attained Distinguished Club status for the first time. With the participation of the Club, he organized and conducted a Youth Leadership course for the Boy Scouts and a Speechcraft course for the Royal Bank of Canada Managers. That year, Jack was honoured as District 45 Toastmaster of the year, entering the Toastmasters Hall of Fame.



To become more experience, Jack became involved in Club Visitation and New Club Development, which extended the Toastmasters organization through the chartering of new clubs in Truro, Sydney, Antigonish, Port Hawkesbury, Sackville as well as several in Halifax.

Continuing his progress, Jack joined the Area 1 executive, progressing to Area 1 Governor, achieving District 45 Area Governor of the Year in 1974. He continued to serve on the District 45 Executive, working up to District 45 Governor in 1978-79 the year that District 45 attained Distinguished District for the first time in history. That year, Jack received his DTM recognition, the first Toastmaster in Nova Scotia to attain this title.

The highlight of Jack's Toastmaster career was his election to the 1980-'82 Toastmasters International Board as International Director for Region VII, representing seven Districts comprising the Atlantic Provinces and the Eastern USA as far south as Virginia. Jack served on the Education Committee which launched the Ten-project C & L manual, and established the CTM designation. To create more learning opportunities, the Advanced C & L program was expanded to provide many subject-specific manuals. The two years on the Board provided Jack with a perspective on the international impact of Toastmasters!

Jack was very instrumental in helping many Toastmasters achieve their designations. He was someone we could always rely on and he gave his time and knowledge freely. We are saddened by his passing but grateful for his contributions to our club. TM



-Article contributed by Karen Caldwell, DTM

Annual Club Speech Contest

By Jane Holden
CC/ALB



Speech Contest

Speech contests are an exciting tradition! Each spring thousands of Toastmasters compete in the International speech and Table Topics contests. Competition begins with club contests and winners compete upward through the area, division and district levels. The International competition has two additional levels -- semifinal and international.

Some of us may have a feeling of nervousness but when the contest starts, it's exciting. Speech contests are an important part of the Toastmasters educational program. They provide an opportunity for Toastmasters to gain speaking experience, as well as an opportunity for other Toastmasters to learn by observing proficient speakers.

Each of us has prepared and delivered a speech to our club. Ah, but have we crafted a speech that could win an International Speech Contest? Does it grab the audience? Do we move them to laughter or tears? Do people say it was fantastic?

It's a double edged sword for some - "I want to win, but do I want to keep competing?" For others it's an all out competition with International Championship as *the goal*.

Presenting a Table Topic is always an adventure. Unlike a speech the topic is chosen for us on the spot. We quickly compose an opening, body and conclusion that flows together and entertains the audience.

Sears-Halifax Club contestants for International Speech on March 10, 2011 were Cameron Ells, Suha Masalmeh and Jim McMorran. Table Topics contestants were Karen Caldwell, Ralph Smith and Nadine Wentzell. Congratulations to each for a great job. TM

2011 International Contest Winners

1st Jim McMorran
2nd Cameron Ells

2011 Table Topics Winners

1st Nadine Wentzell
2nd Karen Caldwell

Past International Contest Winners

2010 1st Elaine McManus
2nd Jim McMorran

2009 1st Katie Sparks
2nd Sally Arsenault

Past Table Topics Winners

2010 1st Cameron Ells
2nd Nadine Wentzell
2009 Jane Holden
2nd Ralph Smith



A Note from the President's office

It would appear that Spring is in the air! The snow we were 'blessed' with will probably all have gone by the time you read this, the bulbs will be poking through and the grass will be waking up to taunt us that we will soon be getting the mower out! So a time for celebration then! It's our 55th Anniversary year and plans are well underway for our Anniversary Celebration at the Atlantica Hotel on May 7th. Even if you haven't been the most regular member this year, I would urge everyone to come out to celebrate this historic milestone in the Sears-Halifax Toastmasters Club's history. I really look forward to seeing you there.

Spring is a time for renewal, a time for energy and what better time to re-evaluate your commitment to Toastmasters and the oath you swore when you joined the club. Are you getting as much as you expected from the Club? Is it living up to your expectations. Are you giving as much to the Club as you should? Certainly the more you put in, the more you will get out. Let the executive know if there is anything you feel we should be doing, and let us know the goals you want to reach this year. We will do everything we can to help you reach those goals and progress up the Toastmasters Achievement ladder.

And speaking of the executive, it's rapidly approaching the time for our Club elections, time for a new executive to see the club through the 2011/2012 Toastmasters year. If there are any positions you are interested in, have a word with the current position holder to find out more about the role and get a full picture of what is involved.

Graeme Van Leer, CC

**Always and never are two words you should
always remember never to use.
-Wendell Johnson**

Juncture

Word of the Newsletter

Noun

A particular point in events or time: it is difficult to say at this juncture whether this upturn can be sustained.

- a place where things join: the plane crashed at the juncture of two mountains.
- Phonetics the set of features in speech that enable a hearer to detect a word or phrase boundary, e.g., distinguishing I scream from ice cream.

ORIGIN late Middle English (in the sense [act of joining]): from Latin *junctura* 'joint,' from *jungere* 'to join.'



SEARS-HALIFAX TOASTMASTERS

55TH ANNIVERSARY

Keynote Speaker:

HALINA ST. JAMES

Of Podium Medium & Communications
Coaching

SATURDAY, MAY 7TH - 6 PM
AT THE ATLANTICA HOTEL

GET YOUR TICKETS EARLY!

\$37.50
(2 for \$75)

To reserve tickets contact: Tony Easton
902.443.6355 or tony@eastonia.ca

~Menu~
Roasted Supreme of Chicken
or
Baked Salmon
~Vegetarian Alternative~
Atlantica Ravioli
or
Mushroom Quinoa Risotto
~Dessert~
Strawberry Cheesecake
Coffee & Tea

To advertise your business in our program or to contribute a door prize contact Ralph Smith at 455-7292 or rsmith@chebucto.ca for details.

SOUND YOUR BEST

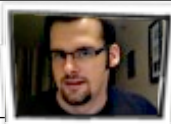
Looking for that extra bit of professionalism at your next conference? Why not take the road less travelled and use a rear projection screen.

A Rear projection screen costs about the same as a front projection but has many other added benefits front projection does not have. First of all it looks fantastic and second, as a presenter you can walk in front of the screen.

It is the preferred method on large scale conferences, but the technology is there to have it in a smaller event. The downside is that it does require putting the projector behind the screen which can take up a lot of space on your stage. The final look is magical! TM



Apple CEO Steve Jobs uses rear projection all the time.



Mark Doyle is an Audiovisual expert with many years of experience working in the conference industry. Look for his articles in future newsletters as he shares secrets of the industry.

Smiles, Chuckles & Games

Watch what you say:

A guy joins a monastery and takes a vow of silence: he's allowed to say two words every seven years. After the first seven years, the elders bring him in and ask for his two words. "Cold floors," he says. They nod and send him away. Seven more years pass. They bring him back in and ask for his two words. He clears his throats and says, "Bad food." They nod and send him away. Seven more years pass. They bring him in for his two words. "I quit," he says. "That's not surprising," the elders say. "You've done nothing but complain since you got here."

Comedian Larry Miller reflects on life:

There's always one of my Uncles who watches a boxing match with me and says, "Sure! Ten million dollars. You know, for that kind of money, I'd fight him." As if someone is going to pay \$200 a ticket to see a 57-year-old carpet salesman get hit in the face once and cry.



The District 45 Toastrasters Conference is coming!

You are personally invited to the home of White Mountain Toastmasters Club #5122 for the District 45 Spring Conference April 29-May 1, 2011 at the unique, historic Common Man Inn and Spa in Plymouth, New Hampshire, USA, where the White Mountains meet the Lakes Region and natural wonders abound.

Conference Co-Chairs Dawn Knight and Bill Stuart and their hard-working committee are planning a wonderful conference. To register visit:

<http://spring.district45conference.com/registration.php>

KNOW YOUR ROLES CONTEST

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ON FEB 10TH 2005?

Hint: This is the kind of information you might find in the minutes. Where might the minutes for 2005 be on the internet?

Unscramble the words to get the mystery word. Use the mystery word to answer the question and be entered into a draw to win a Tim Hortons gift card.